

JANUARY, 2020



- **PRINCIPAL**
Kevin Merkley
- **VICE-PRINCIPAL**
Sumir Bansal
- **SUPERINTENDENT**
Camille Logan
- **TRUSTEE**
Ron Lynn

School Day Schedule

8:45 am Entry

8:55-10:35
Learning Block

10:35 - 11:05
Recess

11:05 - 12:45
Learning Block

12:45-1:45
Lunch

1:45-3:25
Learning Block

3:25
Dismissal

The Stonebridge Story

Website: <http://www.yrdsb.ca/schools/stonebridge.ps>

Email: Stonebridge.ps@yrdsb.ca

Follow us on twitter: @StonebridgePS

A Message from the Administration

Thank you to everyone for an exciting month of December and a wonderful 2019 school year. We hope that everyone had a restful Winter break with friends and family. We look forward to your partnership and support for all of our students in 2020. 感谢大家我们渡过一个令人振奋的十二月和一个美妙的二0一九学年。我们希望大家和家人朋友有个闲息的冬季假期。我们热切期待在2020年大家的伙伴合作和对所有学生的支持！

Our next School Council meeting is January 13th. We will be having two presentations that evening, one from our [Active School Travel](#) contact Reena Mistry updating us on how this project is moving forward and we will have a team member from [Hong Fook Mental Health Association](#) who will be sharing some of the learning opportunities that are available to our community for our students and families in the new year. This meeting will start at 6:30. If you require care giving, please let the office know by Friday January 10th. 我们下一次的家长委员会会在2020年1月13日举行。会上会有两项说明：一个是我们的活跃学校旅行，Reena Mistry 会给我们介绍这计划最新消息和下一步计划。另外一位康福社会服务中心的代表来分享一些新年中在社区给学生和家庭的学习机会。家长会在当日下午六时三十分开始，如果需要托儿服务，请在二月十日前通知学校办公室。

On January 23rd from 6-8 pm we will have our 2nd Community Sports Night. These open gym sessions offer families an opportunity to engage in sport and physical activity as a family in our gym. Please keep in mind that this is for parents and their children to drop by at a time that is convenient between 6 and 8pm. 在一月二十三日下午六时至八时，我们会有第二次的社区运动夜。这些开放学校室内运动场给家庭是希望藉此提供机会给区内家庭成员互相互动以运动和锻炼社区交流。不需要报名，家长和孩子随时在这个时段到来便可。

On February 6th from 6:30 to 8pm, we will be having a presentation from YouthSpeak. They presented to our Grade 3-6 students on December 9th a workshop about bullying prevention. They shared their stories about how they encountered bullying when they were young and how they sought assistance. This same organization will be doing a presentation for parents on February 6th (you are welcome to bring your child so that you can have follow up conversations with your child following the workshop). This workshop will be paid for through the Parents Reaching Out Grant submitted by School Council. 在二月六日下午六时三十分至八时三十分，我们会有个由Youthspeak 团体代表到校说明他们个人在成长过程中遇到的欺凌经历，和如何寻找帮助。他们亦已经在十二月份到校向三至六年级的学生讲解过同样题材。请家长可带同孩子一起来参加，并可趁此和孩子交流有关经历和想法。这工作坊费用会由家长委员会提交的家长参与资助 (PROG) 支付。

The cooler weather is here and we are eagerly waiting for more snow! Please remember to dress appropriately for the weather. Snow pants, winter boots, hats, gloves/mittens, and scarfs are required to keep fingers and toes warm when we learn and play outside. Your child should arrive at school every day dressed and ready to go outside. Our decision to send students outside depends upon the temperature and the wind chill. These two factors considered together determine whether we are outside for the full recess, whether we go outside for a shortened recess, or remain inside due to severe cold. If you search for *The Weather Network/Stonebridge PS* they will show you what you need to wear in the morning, lunch time and end of day to dress for the weather! 更冷的天气已经来临和我们都盼望有多些雪到来！不过请记得穿着适合天气衣物。如雪裤，冬天靴，帽，手套和围巾。好让孩子在外面学习和玩耍时可让手趾和脚趾保温。孩子每天到校需要穿着会到外面学习玩耍的衣物，是否到校外出的决定是按天气温度和风冻情况。这两个因素会决定是否整个小休在外面，还是缩短时间，或是因为极严寒而留在内。如果您希望搜索学校的天气，您可登上网站他们会说明按天气孩子要早上上课需要穿什么，午饭时间和下课时间穿什么。

We want to remind you that the walkway on the north side of parking lot is closed during the winter months and will not be cleared or salted. Please use the crossing at the staff parking lot entrance as the paths leading to the school will be cleared. Thank you for your cooperation. 我们希望提醒您学校停车场的北面是在冬季月份已经关闭和不会清理或洒盐。敬请使用教职人员泊车区入口处的过路通道，因为该处直接引到学校的通道会清理。谢谢您的合作。

Just a reminder that if there is inclement weather impacting bussing or school closures, that this will be communicated through the board's twitter account ([@YRDSB](#)) or our school's Twitter feed ([@StonebridgePS](#)) by 6:30am. You can also listen to information on the radio or television to find out about school bus cancellations or closures. 另外提醒一下，如果有极天气影响到校巴或学校关闭。消息会由教育局的推特网络发布 ([@yrdsb](#))或早上六时三十分本校的推特转发 ([@stonebridgePS](#))，您亦可在收音机或电视查看有关巴士停开或学校关闭。

We hope that everyone has a wonderful 2020 and that you are energized for new learning, engagement and creativity. Thank you for all that you do in your child's education. 我们期待大家有个精彩的2020年，和您们已经充满活力地迎接新的学习，参与和创造。谢谢你们为孩子们所做的一切！

Your partners in education, 您们的教育伙伴

Sumir副校长 and Kevin 校长

Kindergarten Registration 2020—2021



Kindergarten Registration to Commence January 17, 2020

Registration forms are available on YRDSB's website: www.yrdsb.ca. Children who turn four or five years old during 2020, live within the school boundary and whose parents are public school tax supporters will be eligible to register for kindergarten.

For more information please visit the YRDSB website

Please let your neighbours with young children who are ready for JK know of this date.

Edsby

TO REPORT A STUDENT'S ABSENCE/LATE:

LOGIN TO: yrdsb.edsby.com / CALL 905.887.2427

Change of Address:

If there's changes to your address or phone number, please let the office know as soon as possible.

NUT & SCENT FREE Environment

This is a reminder that many students and staff have life threatening allergies to nuts. As a result, we ask that all snacks and lunches are nut free. Please take the time to read the labels on snacks to ensure they are nut safe. We also ask that you do not use peanut butter substitutes such as Wow Butter . **Nutella is a nut product and must not come to school.**



The chemicals used in scented products can make some people sick, especially those with fragrance sensitivities, asthma, allergies and other medical conditions. To help keep the air healthy for everyone, our school has a scent-free policy.



Lunches

If your child is away on hot lunch days, please consider this a donation to the school, as we cannot provide refunds for missed lunches. If you would like to pick up their lunch, you must notify the school by 12pm.

When dropping off lunches/drinks, please make sure they are labeled to ensure all lunches would be picked up on that day.

FLU SEASON IS HERE

Get the flu shot as early as possible

The first and best step to preventing the flu (or influenza), is to **get the flu shot every year**. The flu spreads quickly and easily from an infected person to others and anyone can get it. Getting the flu shot can protect you, your family and those around you.

Students may be at higher risk of getting the flu as they come together in close public spaces including the classroom, gymnasium, lunch room and library.

The flu shot is especially important for students who have a chronic condition (e.g. asthma, diabetes) or those who live with or have close contact with a pregnant woman, kids less than five years old, or a resident of a nursing home or other chronic care facility since these groups are at higher risk of getting very sick or being hospitalized because of the flu.

Flu shots are **free** and are readily available at:

- Health care provider's offices for people six months of age and older
- Participating pharmacies, for people five years of age and older

In addition to getting the flu shot annually, here are some other health tips that can help prevent the spread of the flu:

- Wash your hands well and often with either soap and water or alcohol based hand rub
- Cover your mouth and nose when you cough or sneeze (if you do not have a tissue, cough into your upper sleeve)
- Avoid touching your eyes, nose and mouth
- Stay home when you're sick
- Clean and disinfect surfaces and shared items

It's important to get the flu shot as early as possible as it can take nearly **two weeks** for the influenza vaccine to take full effect.

To learn more about flu and flu vaccine, visit york.ca/flu.

PUBLIC HEALTH 1-877-464-9675 TTY 1-866-512-6228 york.ca/flu

Grade 1 French Immersion Information Sessions and Registrations

Information Sessions

Information sessions for Grade 1 entry into the French Immersion (FI) program will take place at French Immersion schools that have a Grade 1 program on January 16, 2020 at 7 p.m.

Please visit YRDSB's website in January 2020 <http://www.yrdsb.ca/Programs/fi/Pages/Program-Locations.aspx> to find the FI program location for your elementary school location.

Registration

FI registration will begin on January 17, 2020. Parents or guardians of Senior Kindergarten students entering Grade 1 in 2020, and wishing to enrol in the FI Program, can visit or call their home school office and request an *Office Index Card - short version*. This Office Index Card must be signed by the principal of the home school. Parents or guardians then take this form, along with one piece of identification showing their address to the designated FI program location to register, between January 17 and February 7, 2020. Registration during this period is not first come, first served.

Late Registrations

Late registrations are those submitted after February 7, 2020. Late registrations will be treated on a first-come, first-served basis and will be considered subsequent to registrations received during the registration period should overflow be necessary.

Accommodation Plan

YRDSB's FI Accommodation Plan provides long-term consistency and equity of access to all students in York Region and will enable YRDSB to continue to offer the FI program to all who wish to enrol. The FI program will be offered in Dual Track or Single Track settings, in a variety of configurations. In order to meet community needs and optimize available space in our schools, a community's Grade 1-8 FI program may be provided over more than one school during the course of a student's FI education. Space requirements at some schools may mean that siblings are in different schools for primary dual track French Immersion programs due to differing grade structures. Like any of our schools across the Board, changes to school boundaries, and/or the accommodation model for the French Immersion program may need to be considered when new schools open, a school experiences enrolment growth, and program changes occur. This will allow flexibility in addressing community needs and the opportunity to use existing space in schools.

More information is available on the Board's website: www.yrdsb.ca. Please note: Some of the FI accommodation plans will require facility modifications or the development of new schools and will require short-term transition plans that might include overflow while we work toward the long-term vision. Overflow refers to situations in which the Board directs students to attend a school other than their community school or optional program for a specific period of time, as defined in Policy #108.

Student Mental Health and Addictions

YRDSB Mental Health services are provided by YRDSB psychology and social work personnel

Setting Realistic Expectations during the Winter Break

The winter break is often a very busy time of year with much planning and activities. While it is enjoyable, we may find ourselves rushing from one event to another without taking the time to enjoy each moment. We encourage students and families to consider the following tips from St. Patrick's Hospital, Dublin, Ireland to enjoy a "well-paced" break.

1. Decide which activities and traditions are most meaningful to you. Only participate in those activities that have significance and decline those that cause stress.
2. Take care of yourself. Eat right, get enough sleep and exercise. Adults can limit the indulgence in high fat and sugary food and alcohol.
3. Recognize signs of stress and use relation techniques when you begin to get irritated or upset such as taking a few deep breaths, going for a walk or taking a break.
4. Have realistic expectations of a family and friends.
5. Make time for yourself. This time does not need to cost anything and can include going for a walk or read a book. Schedule time for yourself.
6. Delegate tasks when busy and ask for help if needed. Communicate openly and remember its ok to say "no".
7. If you or your child experiences persistent low mood or anxiety, consider professional help. Our social work and psychology staff members can help students in the schools. In addition, our CRES Community Partners are also happy to assist with supporting our students. For more information on our community partners and the process of requesting support please speak to your school principal.

Release of the YRDSB Student Suicide Intervention Protocol

York Region District School Board is committed to student wellbeing and mental health. YRDSB has developed a Student Suicide Intervention Protocol to help keep students safe in the event of suicidal thoughts or actions. The Student Suicide Intervention Protocol will be implemented starting Fall 2019. Youth suicide is a complex, emotionally-charged and sadly a real problem in Canada. It is the second leading cause of death amongst young people. It's important to recognize that those who struggle with mental health have personal strength and resilience and the potential to overcome difficulties to ultimately thrive.

The YRDSB Student Suicide Intervention Protocol is designed to address the six steps involved when responding to current and present thoughts of suicide, as well as actions related to suicide. In addition, the Protocol is governed by a set of guiding principles which are underpinned by a culturally responsive and reflective practice.

Suicide is not culturally neutral. Our cultural and ethnic backgrounds will inform how each of us understands suicide. To see all the guiding principles, refer to the print version of the protocol on the on the board website [YRDSB-Student Suicide Intervention Protocol](#). If you have any questions about the Student Suicide Intervention Protocol, please contact your school principal.

Patricia Marra-Stapleton, M.Sc., C. Psych. Assoc.

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Active Travel

Winter is an Exciting Time of Year!

Winter is also a great time to get outside, have fun in the snow and discover the great outdoors! .

When the temperature drops, it is common for many parents to want their kids to spend time indoors. However, there are many benefits for kids to be active outside in the winter, including:

- Building different muscle groups and improving physical health
- Engaging in creative play
- Being messy and having fun
- Fresh air and sunlight
- Learning first-hand about nature, the weather and the seasons

When children are outside they move more, sit less, play longer and sleep more soundly at night. Being active also helps to improve your self-esteem, social skills and mental health.

1. Walk to and from school or the bus stop everyday
2. Wish the crossing guard or a classmate on your walk to school a great day
3. On your walk to school make a snow angel
4. On your walk to school complete 10 star jumps and 10 jumping jacks
5. Make someone laugh today
6. Check your local recreation center for fun activities that you and your family can do over the holidays
7. Say something positive to one of your classmates

Active School Travel is a simple way to fit physical activity into your daily routine!

If you live far, consider parking a block away and walking. If active school travel every day is a challenge, choose one, two or three times a week to make a change.

Sincerely,

YRDSB Active Travel Team and York Region Public Health



School Bus Cancellation Notice



To ensure the safety of students, school bus service may be cancelled due to inclement weather, extreme temperatures and/or poor road conditions. In these cases, parents and students should develop alternate care/transportation arrangements.

Cancellation decisions will only be made after thorough consultation with the Safety Officers of school bus companies servicing York Region and are based on several factors including precipitation, air temperature, road conditions and weather forecast.

Please note the following;

- A decision to cancel school bus service will be **region-wide** meaning all school buses, vans and taxis will not operate. Both the YRDSB and YCDSB operate many regional educational programs. Students attending these programs are transported over large attendance areas encompassing several municipal boundaries which prevents the ability to cancel bus service using a municipality or zone methodology.
- When bus service is cancelled all school tests and/or examinations will be cancelled and rescheduled.
- Student trips involving the use of school buses will also be cancelled.

Unless otherwise stated, schools will remain open and parents can make arrangements to transport their children to and from school even if school bus service is cancelled. **If buses are cancelled in the morning, they will not operate in the afternoon. Therefore students transported to school by parents will require the same transportation home.**

A bus cancellation message will be available at www.schoolbuscity.com, by calling 1-877-330-3001, or by following @YRDSB and @YCDSB on Twitter.

Parents, students and school staff may also access the following radio and television stations after 6:00 a.m. to receive bus cancellation information:

RADIO

590 AM	640 AM	680 AM	860 AM	1010 AM	1050 AM
1540 AM	1580 AM	88.5 FM	89.9 FM	92.5 FM	93.1 FM
94.9 FM	95.9 FM	97.3 FM	98.1 FM	99.1 FM	99.9 FM
101.1 FM	102.1 FM	104.5 FM	100.7 FM	105.9	107.1 FM

TELEVISION

CITY TV CTV Barrie CTV Toronto CP24 GLOBAL NEWS

Active School Travel - Reminder about signs

Please keep in mind that there is no parking from 8:30 to 9:30 am on Wilfred Murison Ave and Stonebridge Dr. in the morning and from 3:00 to 4:00pm in the afternoon. These are bike routes and this signage has been put in place by the Town of Markham and will be enforced for student and community safety.

请注意早上八时三十分至九时三十分和下午三时至四时在Wilfred Murison 和 Stonebridge 不得泊车。万锦政府在那里有單車线和这信息牌说明，为行人和学生安全，法规会按法办理。



Please remember that there are no left turns between 8:40am to 9:10am and from 3:25 to 3:40pm. This is for student safety and to allow for traffic to move smoothly during these busy times.

早上八时四十分至九时十分和下午三时二十五分至三时四十分不得左轉，这是学生安全和让交通流畅順。

Please keep in mind that during the winter months that the walkway that goes around the North side of the parking lot is not maintained and is closed. We would ask that you cross at the entrance to our parking lot where someone will assist you to cross safely and walk the path by the Kindergarten area as this is maintained by the school with snow clearing and salting during the winter months.

请注意，在冬季期间，停车场以北部份不会剷雪和关闭，所以请应用学校正门过路，我们可安排让您安全过马路。亦可在幼儿园旁的行人路走过因为那边是会经常保持剷雪和加溶雪盐。



Please keep in mind the signage in the parking lot noting that there is no parking in the left lane, and the right lane closest to the walkway is for drop off only. Parking is not permitted in this drop off lane as it restricts the ability for others behind you to proceed. Please keep in mind that if you do need to drop off lunch, or visit the office that you can park on Stonebridge Ave between 9:30am and 3:00pm.

请注意：在泊车场已经有个告示，说明不得停車在正门的左线上，在最右线只可停一下放下孩子，在这线也不得停泊。因为停泊会阻碍后来的車通过。如果您要放午餐盒，您可在早上九时三十分至下午三时停泊在Stonebridge 街上。

January 2020

Sun

Mon

Tue

Wed

Thu

Fri

Sat

			1 <i>Winter holiday</i>	2 <i>Winter holiday</i>	3 <i>Winter holiday</i>	4
5	6 <i>Mr. Sub Lunch</i>	7 <i>Popcorn Day</i>	8 <i>Pasta Lunch</i>	9 <i>Popcorn Day</i>	10	11
12	13 <i>School Council @6:30pm Mr. Sub Lunch</i>	14 <i>Popcorn Day</i>	15 <i>Mr. Greek Lunch</i>	16 <i>Popcorn Day</i>	17 <i>Kindergarten Registration PA Day</i>	18
19	20 <i>Mr. Sub Lunch</i>	21 <i>Popcorn Day</i>	22 <i>Pasta Lunch</i>	23 <i>Community Sports Night @6pm Popcorn Day</i>	24 <i>Lunar New Year Assembly @11:15am</i>	25
26	27 <i>Mr. Sub Lunch</i>	28 <i>Popcorn Day</i>	29 <i>Mr. Greek Lunch</i>	30 <i>Popcorn Day</i>	31 <i>PA Day</i>	